





## Profile in Success: February Student of the Month

### Affirmations For Success

*I am confident in my abilities and know that today will be a good day.*

\*\*\*

*I recognize that I am feeling stressed and will use stress as a motivator to succeed.*

\*\*\*

*I am the only one in charge of my destiny.*

\*\*\*

*My dreams will become my reality.*

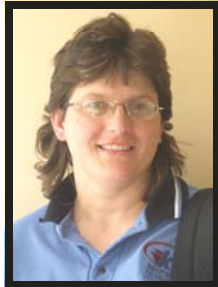
\*\*\*

*This year will be my best year.*

\*\*\*

*Today, I will be more aware of my blessings.*

\*\*\*



**February's student of the month is LeAnne Powell!**

LeAnne Powell, a Drafting student here at KTI was born and

raised in Huntingdon, PA but now resides in Mount Union.

She went to high school at Calvary Christian Academy and then went into the Air Force. Afterwards, she earned her Bachelor's degree in Quality Control.

Prior to enrolling at KTI, she wrote and programmed automatic vision system programs for computer and automotive parts at FCI Electronics.

LeAnne decided to come back to school because she wanted to gain the knowledge necessary to compete in today's constantly changing world of technology. She enjoys drawing and felt that in order to cover all the aspects of what she likes to do and then turn it into a career, she should enroll at KTI in the Drafting program.

After she graduates, she would like to stay in drafting design and possibly obtain a position as a civilian Military Drafter.

In her spare time, she likes to restore old cars, hunt, fish, and the outdoors. She also enjoys woodworking and remodeling houses.

**Congratulations, LeAnne!**



### Submissions

- Are you creative?
- Do you have an interest in writing?
- Is there something you would like to share with the student body?

If you are interested in contributing to the March 2010 issue, please give your submissions to Kristen Cahill, Career Placement/Externship Coordinator . **Submission deadline is February 22nd!**

## Pacific Institute Unit Seven: Leaning In The Right Direction

Attitude can be defined as our stored emotional reality. A pilot once defined 'attitude' as the direction in which one is leaning.

Using this idea, we can say that by leaning in the right direction, we have a positive attitude. We are trying to seek the good in something. If we have a positive attitude about something, we will unconsciously get creative to possess it.

Negative attitude is leaning away from

something; avoiding it if you will. It does not necessarily mean bad, just as positive is not necessarily good. It just tells which way you are leaning.

We need to lean in the right direction. When we are avoiding something we need to change our attitudes.

Attitudes are neither positive or negative until we set a goal. When we set a goal, our attitudes cause us to either lean

towards it or avoid it.

To achieve our goals, we need to have positive attitudes. We need to get past our old attitudes and beliefs and get on with life.

**"To achieve our goals, we need to have positive attitudes."**



## Faculty Spotlight: Kelly Locy

Medical Instructor



Kelly Locy joined the KTI faculty in August of 2008. She has been a medical assistant for the last eleven years, primarily in Pediatrics.

In her spare time, Kelly enjoys spending quality time with her two daughters, Julia and Allison.

The quality of each student's success here at KTI is her main focus. She also feels that each student will be successful in whatever career path they choose with the "I Can" attitude!



### Classifieds

- Have something to sell, swap or give away?
- Looking for a particular item to buy?

If you are interested in composing a classified ad for the newsletter, please give your ads to Kristen Cahill, in Career Placement.

The cost is the best part of all- it's free!

So start cleaning out your clutter and maybe make some cash in the process!

Remember-one person's trash is another person's treasure!



## Need A Break? KTI's 2010 Break Schedule:

**February 19th:** In-service Day  
(day students only)

**April 2nd:** Good Friday

**April 30th:** In-Service Day  
(day students only)

**May 31st:** Memorial Day

**July 5th-9th:** July 4th Break

**August 10th:** In-service Night  
(evening students only)

**August 13th:** In-service Day  
(day students only)

**September 6th:** Labor Day

**November 25th-26th:** Thanksgiving

**December 24th-January 3rd:** Holiday Break

# March Madness Pre-Season!

By: Tracy Stewert, Financial Aid Administrator



Deadlines are approaching for you to complete your PELL GRANT and STATE GRANT applications!

**\*\*Some of you may have already received letters in the mail for you to re-apply for your Pell Grant. DO NOT PANIC!! We are ready to assist you—continue reading...**

## What does this mean to you?

- \* It means that Financial Aid Staff at KTI is here to assist you in this process. We will help you every step of the way!!! We know how confusing things get this time of year but we will take all the confusion out!
- \* We will inform you on specific deadlines and special in-school sessions to process our next year's application (FAFSA) in future memos and in the KTI Chronicles.

## What do you need to do?

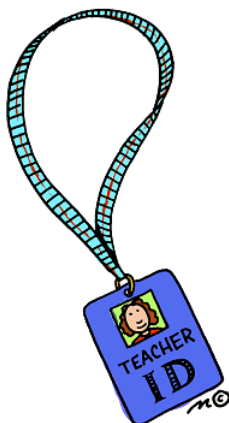
- \* **DO NOT complete your FAFSA online!** We will do it here at KTI with you!!!
- \* Wait until we schedule your re-application meeting which will be coming soon
- \* Gather your 2009 income information. Such as:
  - 2009 Federal Tax return and W-2's (yours as well as your parents if you are dependent)

*And as applicable:*

- Any proof of untaxed income
  - \* Child Support
  - \* Public Assistance
  - \* Social Security income
  - \* Unemployment Compensation documentation



Any questions? Please see Tracy in the Financial Aid Office!



## KTI REMINDER:

ID Badges **MUST** be worn at all times. You will not be allowed in the building without one!

# FACEBOOK US!

Did you know that many of KTI's faculty and staff members have Facebook pages? Log on and see for yourself! While you're there, make sure to become a fan of KTI and stay up-to-date on all of the latest events!

Who has a Facebook page?

- Mr. Snyder
- Mrs. Altland
- Mrs. Barron
- Mrs. Lloyd
- Mr. Whewell
- Sky Yoder
- Jennifer Mock
- Russ Bedell
- Kristen Cahill



**...AND MORE!**

## KTI Student Wins Cake Contest

*By: Chef Stiffler*

As a participate of this year's Chocolate Fest, LaKeisha Burnett was asked to submit a cake for their annual cake-tasting contest.

Since it was her first cake, LaKeisha asked Chef Stiffler to come in the Saturday before the big event in order to give her a few pointers. When she arrived, however, it seemed as though she already had her ideas worked out!

She ended up making a two-layer chocolate cake with white butter cream icing. She decorated it with chopped and chilled Reese's Peanut Butter Cups, peanut butter kisses, and chocolate cake crumbs.

Apparently they were good choices! During the event, it was announced that LaKeisha had won first place in the student's taste group!

**Congratulations, LaKeisha!!**



*LaKeisha's award-winning cake.*



*LaKeisha Burnett shows off her award for first place in the student's best tasting cake group at Chocolate Fest.*

# Honors Awarded

Honors were awarded to the following Day students in January:

**Ellen Barkos**

Perfect Attendance  
Distinguished Honors

**Arlee Barnes**

Outstanding Attendance  
Distinguished Honors

**Dwight Baublitz**

Outstanding Attendance  
Honors

**Joseph Beasom**

Outstanding Attendance

**Deborah Black**

Outstanding Attendance  
Honors

**Ashley Anderson Blyler**

Outstanding Attendance  
Honors

**Tasha Brady**

Outstanding Attendance  
Honors

**Leaf Brown**

Perfect Attendance  
Distinguished Honors

**Desiree Brumbach**

Outstanding Attendance  
Honors

**Leah Chambers**

Outstanding Attendance

**Vi Chung**

Outstanding Attendance  
Distinguished Honors

**Crystal Cook**

Perfect Attendance  
Distinguished Honors

**Shelley Creager**

Perfect Attendance  
Distinguished Honors

**Brandon Curry**

Outstanding Attendance

**Rebecca Curtis**

Outstanding Attendance  
Distinguished Honors

**Kylee Davis**

Outstanding Attendance

**Loretta Dreibelbis**

Outstanding Attendance  
Honors

**Lori Eltz**

Outstanding Attendance  
Distinguished Honors

**Kayla Fidler**

Outstanding Attendance  
Honors

**Susan Fisher**

Perfect Attendance  
Distinguished Honors

**Alyssa Flaherty**

Outstanding Attendance  
Distinguished Honors

**Lynn Ann Folk**

Outstanding Attendance  
Honors

**Bridget Franzone**

Perfect Attendance

**Carol Gibble**

Outstanding Attendance  
Distinguished Honors

**Sherrin Graby**

Perfect Attendance  
Distinguished Honors

**Jamie Haldeman**

Outstanding Attendance  
Honors

**Lisa Halsey**

Perfect Attendance  
Honors

**Ashley Hartlieb**

Outstanding Attendance

**Emily Hsueh**

Perfect Attendance  
Distinguished Honors

**Kristin Jernigan**

Outstanding Attendance  
Distinguished Honors

**Ashley Johnson**

Outstanding Attendance  
Distinguished Honors

**Rebecca Kritzberger**

Outstanding Attendance  
Distinguished Honors

**Eric Lavia**

Outstanding Attendance



**Key:**

Distinguished Honors-4.0 GPA & 90% Attendance

Honors-3.5-3.99% GPA & 90% Attendance

Perfect Attendance-100% Attendance

Outstanding Attendance-90-99% Attendance

# Honors Awarded (cont.)

**Randall Lewis**

Outstanding Attendance  
Honors

**Jesica Lorick**

Outstanding Attendance  
Honors

**Lan Mai**

Perfect Attendance

**Brandalynn Mann**

Perfect Attendance

**Brandi Mateer**

Outstanding Attendance

**Jennifer Matteson**

Outstanding Attendance  
Honors

**Dawn McCoy**

Outstanding Attendance  
Distinguished Honors

**Kathy McCrae**

Perfect Attendance  
Distinguished Honors

**Cathy McNemar**

Outstanding Attendance

**Shelly Mitchell**

Outstanding Attendance

**Andrew Ober**

Perfect Attendance  
Distinguished Honors

**Cynthia Parmer**

Outstanding Attendance  
Distinguished Honors

**Sereyvat Pheng**

Perfect Attendance  
Distinguished Honors

**Jackie Pierich**

Outstanding Attendance

**Annette Pinto**

Perfect Attendance

**LeAnne Powell**

Outstanding Attendance  
Distinguished Honors

**Aida Pronko**

Outstanding Attendance

**Samantha Rivera**

Perfect Attendance  
Distinguished Honors

**Melanie Reynolds**

Outstanding Attendance  
Distinguished Honors

**Christopher Roberts**

Outstanding Attendance  
Honors

**Bonnie Ruch**

Outstanding Attendance  
Honors

**Nina Rumbaugh**

Outstanding Attendance  
Distinguished Honors

**Mary Saul**

Outstanding Attendance  
Distinguished Honors

**Ruth Schlusser**

Outstanding Attendance  
Distinguished Honors

**Ashely Schwab**

Outstanding Attendance  
Distinguished Honors

**Gary Shaner**

Outstanding Attendance  
Distinguished Honors

**Robert Shaffer**

Outstanding Attendance

**Erica Smith**

Outstanding Attendance  
Distinguished Honors

**JoAnn Spangler**

Perfect Attendance

**Tashayanna Spruill**

Outstanding Attendance  
Honors

**Christine Stauffer**

Outstanding Attendance  
Distinguished Honors

**April Tadley**

Outstanding Attendance  
Distinguished Honors

**Martika Taylor**

Outstanding Attendance

**Laine Watson**

Perfect Attendance  
Distinguished Honors

**Chelsey Williams**

Perfect Attendance  
Honors


**Key:**

Distinguished Honors-4.0 GPA & 90% Attendance

Honors-3.5-3.99% GPA & 90% Attendance

Perfect Attendance-100% Attendance

Outstanding Attendance-90-99% Attendance

# Honors Awarded

Honors were awarded to the following Evening students in January:

**Laura Bubb**

Perfect Attendance  
Honors

**Quyen Bui**

Outstanding Attendance

**Nicole Christino**

Outstanding Attendance  
Distinguished Honors

**Sherri Conn**

Outstanding Attendance  
Honors

**Anna Cramer**

Perfect Attendance

**Jeneea Dunlap**

Outstanding Attendance

**Sarina Evans**

Outstanding Attendance  
Distinguished Honors

**Christine Farley**

Outstanding Attendance  
Distinguished Honors

**Elizabeth Figueroa**

Outstanding Attendance  
Distinguished Honors

**Triease Frederick**

Outstanding Attendance

**Meisha Grady**

Outstanding Attendance

**Rebecca Hegenbart**

Outstanding Attendance  
Distinguished Honors

**Shannon Heimbach**

Outstanding Attendance  
Honors

**Lisa Hicks**

Outstanding Attendance  
Distinguished Honors

**James Hower**

Perfect Attendance  
Honors

**Wanda Jackson**

Outstanding Attendance  
Distinguished Honors

**Nicole Keltz**

Outstanding Attendance  
Honors

**Medina Long**

Outstanding Attendance  
Distinguished Honors

**Doreen McElroy**

Outstanding Attendance  
Distinguished Honors

**Jody Mecca**

Outstanding Attendance

**Debra Myers**

Perfect Attendance  
Distinguished Honors

**Michelle Myers**

Outstanding Attendance  
Honors

**Jackee Palm**

Outstanding Attendance  
Honors

**Erika Perez**

Outstanding Attendance  
Distinguished Honors

**Jesse Reichert**

Perfect Attendance  
Honors

**Amanda Reinhardt**

Outstanding Attendance

**Kelsey Roberts**

Perfect Attendance  
Distinguished Honors

**Krystelle Schramm**

Outstanding Attendance  
Distinguished Honors

**Amanda Speece**

Outstanding Attendance  
Honors

**Dale Stambaugh**

Outstanding Attendance

**Staci Sweigart**

Outstanding Attendance

**Amy Wise**

Outstanding Attendance  
Distinguished Honors

**Jessica Walters**

Outstanding Attendance  
Distinguished Honors



**Key:**

Distinguished Honors-4.0 GPA & 90% Attendance

Honors-3.5-3.99% GPA & 90% Attendance

Perfect Attendance-100% Attendance

Outstanding Attendance-90-99% Attendance

## Ask the Computer Expert

By George Vujasin, Network Administrator



Dear Readers,

Last month, I took a question from a reader who just got a new PC, but asked for advice on how to keep it running smoothly. This month, we are going to take a look at what to do with the old PC. Some are quick to throw out an old PC, but there are other things to consider when dealing with older computers when new ones come into play.

**Use it as a Guest Computer.** If you ever have friends over that just need to check their email or browse the web, keep the old PC hooked up to the internet. That way, you do not need to worry about keeping a guest account on your main PC.

**Make a Small Home Network.** You can purchase a device called a hub and connect the two machines together. Hubs are inexpensive and can connect up to 5 machines. Microsoft Windows provides plenty of help to connect machines together, and share out items like printers.

**Keep it as a File Server.** Even older PCs have larger hard drives (80GB and up). It's relatively easy to take out any older programs via Add/Remove Programs, freeing up space to store photos, music, media files, or anything that you can think of.

**Take it Apart.** Yes. I wrote that, even though I've said many times in this column that you should leave disassembly to a technician. If the PC has lived beyond its useful life, and you're the curious type who has always wondered what the inside of a PC looks like, now's your chance! If you know that you won't be using the machine anymore, there's no harm in taking things apart.

**Learn a New OS.** Linux is an operating system that is provided free of charge. One of the most common Linux distributions for home use is called Ubuntu, available at [Ubuntu.com](http://Ubuntu.com). While it is a little beyond the scope of this

month's article, the website contains all the information you would need to get a "Linux box" up and running on your home network.

**Donate It.** There are plenty of schools, churches, and other organizations that take old equipment. Some organizations use the equipment; others recondition the equipment and then donate it to families in need. A quick Google search will point you in the right direction. One thing to remember when you donate a PC: be sure that all of your personal information is moved off of the drive, or that drive is "wiped" before turning it over. Some security professionals advise removing the drive entirely before handling it over to someone new.

There. Now you have some ideas of what to do with old computer equipment. There are many others, including turning a PC into an aquarium or a boat anchor, but those are best left to the professionals!



## Birthday Watch

The following students are celebrating February birthdays:

Michelle Myers – February 1st  
 Katrina Feltman – February 3rd  
 Shelly Mitchell – February 3rd  
 Randall Lewis – February 4th  
 Aida Pronko – February 4th  
 Mark Baer – February 6th  
 Krystelle Schramm – February 6th  
 Andrew Ober – February 7th  
 Ben Douglas – February 8th

Anna Cramer – February 10th  
 Jason Slagle – February 11th  
 Marlin Hunter Jr. – February 14th  
 Kevin Myers – February 14th  
 Erica Mills – February 16th  
 Thi Nguyen – February 17th  
 Paula Greene – February 19th  
 Lisa Halsey – February 20th  
 Tasha Miller – February 20th  
 Kylee Davis – February 21st  
 Brandi Simmons – February 22nd

Angela Turner – February 23rd  
 Arlee Barnes – February 24th

**Happy Birthday and best wishes to all of you from the students, staff, and faculty of KTI!**

## Placement & Externship Corner

By: Kristen Cahill, Career Placement/Externship Coordinator

**Good luck to the following students who started their externships in January:**

### Medical Billing/Insurance Coding

Jamie Haldeman  
Rebecca Kritzberger  
Dawn McCoy  
April Tadley

### Medical Assistant Specialist

Nicole Winters

### Professional Massage Therapy

Rebecca Curtis  
Ben Douglas  
Alyssa Flaherty  
Jennifer Matteson  
Deb Myers  
Krystelle Schramm  
Erica Smith  
Tasha Spruill



### Medical Office Management

Anna Cramer

### Child Care Specialist

Elizabeth Figueroa  
Shannon Heimbach  
Amanda Speece

### Paralegal Specialist

Medina Long

**Congratulations to the following graduates who started their careers!**

**Kevin Lincourt** – Culinary Arts Specialist  
*Hollywood Casino*

**Kerlyne Morquette** – Medical Billing/Coding  
*Quantum Imagery*

**Shelby Lingle**– Dental Assistant Specialist  
*Dr. Raymond J. McGee, DMD*

**Terri Miller** – Culinary Arts Specialist  
*Sodexo*

**Raquel Ramos** – Paralegal Specialist  
*Gothie Van Allen LLC*

**Angelica Faller**– Massage Therapy  
*Unique Link Therapeutic Services*

**Shirley Rosario** – Medical Assistant  
*Hamilton Health Center*

**Ashley Nelson**– Medical Assistant Specialist  
*Internists of Central PA*

## Recipe of the Month: New York Cheesecake

Submitted by: Chef Stiffler



### Ingredients:

2 pounds cream cheese  
3/4 cup white sugar  
2 eggs  
1 teaspoon vanilla extract  
2 tablespoons cornstarch  
1 cup sour cream  
1 1/2 cups graham cracker crumbs  
6 tablespoons melted butter

**Prep Time:** 30 minutes

**Cook Time:** 50 minutes

**Ready In:** 4 hours

**Servings:** 16

### Directions:

1. Preheat oven to 400 degrees F.
2. Mix graham cracker crumbs, melted butter, and 1/4 cup sugar together. Press mixture onto the bottom of one 9 or 10 inch springform pan. Place in freezer for 10 minutes.
3. Cream 3/4 cup of the sugar and cream cheese until smooth. Beat in eggs, vanilla, and cornstarch until just mixed. Stir in sour cream until blended. Pour into prepared crust.
4. Bake at 400 degrees F for 45 minutes. Turn oven off and leave cake in oven with the door ajar for 3 hours. Serve with your favorite topping.

# Valentine's Day Trivia

- 15% of U.S. women will send themselves flowers on Valentine's Day.
- About 1 billion Valentine's Day cards are exchanged each year, which makes it the largest seasonal card-sending occasion of the year, next to Christmas.
- About 3% of pet owners will give Valentine's Day gifts to their pets.
- Approximately 110 million roses, the majority red, will be sold and delivered within a three-day time period.
- In the Middle Ages, young men and women drew names from a bowl to see who their valentines would be. They would wear these names on their sleeves for one week. To wear your heart on your sleeve now means that it is easy for other people to know how you're feeling.
- In Victorian times, it was considered bad luck to sign a Valentine's Day card.
- Only the U.S., Canada, Mexico, France, Australia and the U.K. celebrate Valentine's Day.
- The Italian city of Verona, where Shakespeare's lovers Romeo and Juliet lived, receives about 1,000 letters addressed to Juliet every Valentine's Day.



8	1					6	5
		3	1		9	7	
				6			
3				1			9
			8	3	7		
1				5			7
				2			
		7	4		8	3	
4	5						9 6

## CALENDAR OF EVENTS

### February

- 2/4:** Birthday Celebrations  
12 PM & 7 PM
- 2/9:** KTI Open House: 10 AM – 7:30 PM
- 2/11:** Evening Round Table – 7 PM
- 2/12:** Day Round Table – 1 PM
- 2/16:** End Day Module
- 2/17:** New Day Module
- 2/19:** In-Service Day – No classes
- 2/25:** Day Honors – 12 PM  
Evening Round Table – 7 PM
- 2/26:** Meet and Greet for new students  
Day Round Table – 1 PM

### March

- 3/1:** New Evening Start
- 3/4:** Birthday Celebrations  
12 PM & 7 PM
- 3/11:** Evening Round Table – 7 PM
- 3/12:** Day Round Table – 1 PM
- 3/18:** Day Orientation
- 3/22:** New Day Start
- 3/24:** End Day Module
- 3/25:** New Day Mod  
End Evening Mod  
Evening Round Table – 7 PM
- 3/26:** Day Round Table – 1 PM  
New Evening Mod



# February 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 	5	6
7	8	9 KTI Open House	10	11 Round Table 7 PM	12 Round Table 1 PM	13
14 	15	16 End Day Module	17 New Day Module	18	19 In-Service Day	20
21	22	23	24	25 Day Honors & Round Table 7 PM	26 Meet & Greet & Round Table 1 PM	27
28						

# March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 New Evening Start	2	3	4 	5	6
7	8	9	10	11 Round Table 7 PM	12 Round Table 1 PM	13
14	15	16	17	18 Day Orientation	19	20
21	22 New Day Start	23	24 End Day Module	25 New Day Mod/End Eve; Round Table 7 PM	26 Round Table 1 PM; New Eve Mod	27
28	29	30	31			