

# KTI CHRONICLES

WHERE STUDENTS ARE FIRST™

Volume 3 Issue 6

Support Our Troops

June 2008

## Inside this issue:

## KTI—Saving Lives One Pint at a Time

By: Karen Altland, Medical Department

Graduate List	2
Pacific Institute	3
Student of the Month	3
Birthday Watch	3
Honors Awarded	4
Dean's Den	4
Education: A Ticket to a Great Life	5
Faculty Spotlight	6
Computer Expert	6
Keeping Kids Busy	7
Refer a Friend	8
Father's Day	9
Recipe of the Month	10
Extern and Career Placement	10
Flag Day	11
Drexel Dining	12
ABC Treasure Hunt	12
Are You Smarter Than A 5 <sup>th</sup> Grader	13
Calendar of Events	14



The Central Pennsylvania Blood Bank recently had its annual Award Ceremony. As always, I was very excited to attend. I knew the students had worked very hard to show their dedication to donating blood to save lives. Almost everyone participated. Students who couldn't donate blood brought food and drinks to help those that did donate maintain their energy. Still others walked donors back into the school after they gave blood. Previous donors encouraged first timers. Faculty and staff changed class schedules and permitted students to leave class to donate.

Everyone at KTI is dedicated to saving lives through giving blood. I am well aware that the students, faculty, and staff don't do this for glory or recognition. Everyone works as hard as they do to make the blood drive a success because they genuinely care about people. Still, it is nice to see the Central Pennsylvania

Blood Bank take the time to thank people who help save lives. This year, our efforts were once again rewarded with a first place trophy in the College Blood Drive category.

I was thrilled to accept the award on behalf of the KTI family. I also let the award committee and audience know that we received this honor because of the dedication of the KTI students.

The trophy is on display in the case next to Mr. Drumm's office. Take a minute out of your day to look at it and pat yourself on the back for job well done. Also know that even though the recipients of your generosity cannot thank you personally, they appreciate all that you do to save lives. Please accept my personal thanks, and those of Central Pennsylvania Blood Bank. We both know that KTI students do good work.



**Congratulations to the 61st graduating class of Keystone Technical Institute. Graduation will take place on June 20th, 2008 at 6:00pm, at the Sheraton Four Points in Harrisburg, PA.**

**The following student will be graduating:**

<u>Name</u>	<u>Program</u>
Anjum Abdullah	Culinary Arts Specialist
Jeanette Arndt	Medical Assistant Specialist
Jerry Burris	Paralegal Specialist
Desiree Dalton	Professional Massage Therapy Specialist
Amanda Dintaman	Professional Massage Therapy Specialist
Cassandra Dodson	Expanded Function Dental Assistant
Katie-Jo Dye	Medical Assistant Specialist
Elizabeth Dymond	Expanded Function Dental Assistant
Jenna Eyer	Expanded Function Dental Assistant
Wendy Farling	Medical Office Management
Amanda Farrell	Child Care Specialist
Coralee Fitzkee	Paralegal Specialist
Cheryl Frederick	Medical office Management
Alicia Garland	Medical Assistant Specialist
Shannon Hetrick	Child Care Specialist
Moriah Hoffman	Professional Massage Therapy Specialist
Enesa Iriskic	Medical Assistant Specialist
Brianna Kemp	Child Care Specialist
Diane Le	Dental Assistant Specialist
Kelly Leach	Expanded Function Dental Assistant
Shanna Lipscomb	Medical Assistant Specialist
Brandy Long	Expanded Function Dental Assistant
Lisa Jo Martin	Professional Massage Therapy Specialist
Alicia McClucas	Professional Massage Therapy Specialist
Monique Miller	Dental Assistant Specialist
Caitlin Miller	Professional Massage Therapy Specialist
Christopher Olian	Professional Massage Therapy Specialist
Jenna Pisanek	Dental Assistant Specialist
Lauren Prickett	Medical Assistant Specialist
Ellie Ravago	Professional Massage Therapy Specialist
Jayne Rhodes	Medical Assistant
Rodina Roberts	Dental Assistant Specialist
Anna Schneider	Professional Massage Therapy Specialist
Dana Shadel	Medical Assistant Specialist
Courtney Shreves	Expanded Function Dental Assistant
Kelly Sloan	Medical Assistant Specialist
Stephanie Spidle	Child Care Specialist
Kelly Troutman	Expanded Function Dental Assistant
Nicoline Valentin	Medical Assistant Specialist
Malaina Washington	Medical Assistant Specialist
Alexandra Weller	Medical Assistant Specialist
Sara Yinger	Expanded Function Dental Assistant



### Affirmations For Success



Everyone who got where he is has had to begin where he was.



Success is not measured by what you accomplish but by the opposition you have encountered, and the courage with which you have maintained the struggle against overwhelming odds.



The only people who achieve much are those who want knowledge so badly that they seek it while the conditions are still favorable.



## Pacific Institute Unit Thirteen: The Next Time

So much of our belief system is based on our own self-image. We identify our self with some particular trait and act accordingly. For example, we may be the smart one, the athlete, the bad kid, the not to bright student. Once enough people tell us that this is who we are, we believe it. Our minds adjust to this self image. So, if we are the not to bright student, and we get an A on a test, we will be sure to a D on the next one so that we fit back into the self image that we have of ourselves. The A was just a fluke. We become comfortable with our beliefs about ourselves. In order to get

past these beliefs, we must change our self image. It isn't easy. We need to start with affirmations and when we catch ourselves behaving in a manner that is inconsistent with the self image we want do develop, we need to forgive ourselves, tell ourselves that this is not like us, and tell ourselves that do better. We need to practice this with other people in our lives, also. Our children, our spouses, our friends, our co-workers will all benefit if we stop stereotyping them and pushing them into a category that will effect their beliefs about themselves. When

they are late, or break curfew, or spend too much money, we need to tell them that they are better than this behavior and that next time, we know it won't happen. We need to accentuate the positive to make ourselves and the others in our life better than we currently are.

*The hardest challenge is to be yourself in a world where everyone is trying to make you be somebody else.*  
E. E. Cummings

## Profile In Success: June's Student of the Month



June's Student of the Month is Angela Shaar.

Angela is enrolled in the Professional Massage Therapy Specialist Program. She has been a straight A student since day one. This has not been easy since Angela is the mother of two girls. Also, both she and her husband are building businesses as Angela attends

school.

Her excellent school record impresses her instructors, however; her empathetic spirit and friendly interaction with others really sets her apart from others. Angela always has a smile and a kind word for everyone she meets. She is truly a success story already.

## Birthday Watch

Summer is near, and so are the following birthday:

- Ankit Patel—June 3
- Tia Muldoon—June 4
- Alicia Garland—June 10
- Kayla Reber—June 11
- Jennifer Henry—June 12
- Larry Wright Jr.—June 15
- Makisha Day—June 15

- Raquel Ramos—June 16
- Chiffona Thompson—June 16
- Elizabeth Dymond—June 19
- Mary Souders—June 19
- Coralee Fitzkee—June 26
- Deanna Heath—June 26



## Honors Awarded

What is the recipe for successful achievement? To my mind there are just four essential ingredients: Choose a career you love . . . Give it the best there is in you . . . Seize your opportunities and be a member of the team. In no other place but Keystone Technical Institute, I believe, is it possible to fulfill all four of these requirements.

**At the Day Honors Rally on May 7th, the following awards were presented:**

<p><b>Shannon Baker</b> <i>Outstanding Attendance</i></p> <p><b>Jessica Bollinger</b> <i>Outstanding Attendance</i></p> <p><b>David Ginther</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p> <p><b>Megan Magbie</b> <i>Outstanding Attendance</i></p> <p><b>Ailene McIntire</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p> <p><b>Chaalyce Benjamin</b> <i>Honors</i> <i>Outstanding Attendance</i></p> <p><b>Amber Gillaugh</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p> <p><b>Kristina Haskins</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p> <p><b>Johanna Hernandez</b> <i>Outstanding Attendance</i></p> <p><b>Jessica Hunt</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p> <p><b>Kayla Reber</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p>	<p><b>Kisha Phillips</b> <i>Outstanding Attendance</i></p> <p><b>Briana Souchak</b> <i>Honors</i> <i>Outstanding Attendance</i></p> <p><b>Letitia Brooks</b> <i>Outstanding Attendance</i></p> <p><b>Dominique Craig-Evans</b> <i>Outstanding Attendance</i></p> <p><b>Karen Goede</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p> <p><b>Jennifer Henry</b> <i>Honors</i> <i>Outstanding Attendance</i></p> <p><b>Ankit Patel</b> <i>Honors</i> <i>Perfect Attendance</i></p> <p><b>Mary Souders</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p> <p><b>Marissa Witman</b> <i>Honors</i> <i>Perfect Attendance</i></p> <p><b>Stephanie Barbush</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p> <p><b>Lisa McManuals</b> <i>Outstanding Attendance</i></p>	<p><b>Amine Hallami</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p> <p><b>Carrie Woodring</b> <i>Honors</i> <i>Outstanding Attendance</i></p> <p><b>Alexandra Buckner</b> <i>Outstanding Attendance</i></p> <p><b>Ron Coughlin</b> <i>Honors</i> <i>Perfect Attendance</i></p> <p><b>James Barber</b> <i>Outstanding Attendance</i></p> <p><b>Kelly Ebling</b> <i>Distinguished Honors</i> <i>Perfect Attendance</i></p> <p><b>Tiffany Cooley</b> <i>Honors</i> <i>Outstanding Attendance</i></p> <p><b>Terri Miller</b> <i>Perfect Attendance</i></p> <p><b>Michael DiGiacoma</b> <i>Honors</i> <i>Outstanding Attendance</i></p> <p><b>Jane Kinkley</b> <i>Honors</i> <i>Outstanding Attendance</i></p> <p><b>Brock Kreiser</b> <i>Outstanding Attendance</i></p>	<p><b>Jennifer Milliken</b> <i>Honors</i> <i>Outstanding Attendance</i></p> <p><b>Kimberly Bryner</b> <i>Perfect Attendance</i></p> <p><b>Janna Honeycutt</b> <i>Outstanding Attendance</i></p> <p><b>Andrea Klinger</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p> <p><b>Raquel Ramos</b> <i>Outstanding Attendance</i></p> <p><b>Brandie Jackson</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p> <p><b>Ashleigh Thomas</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p> <p><b>Erika Orwing</b> <i>Distinguished Honors</i> <i>Outstanding Attendance</i></p> <p><b>Mariann Manley</b> <i>Honors</i> <i>Perfect Attendance</i></p> <p><b>Tanya Sweigert</b> <i>Perfect Attendance</i></p> <p><b>Tia Muldoon</b> <i>Honors</i> <i>Outstanding Attendance</i></p>
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## The Dean's Den

By Eric Slater, Dean of Education



It's now June and I saw a bumper sticker that really fits the bill. A student flew by me with this bumper sticker on the back of her car, **"THE TASSEL IS WORTH THE HASSLE"**!

Some journeys in life come to an end and it's all over, like the summer vacations. Others trips come to an end and it's only the beginning of your real trip, like graduation. After all the tests, homework, practicals, and all nighters,

or should I say, "HASSLES", comes the beginning of the new journey with the TASSEL, called a new career. A new beginning for you and your family. That can lead to career advancement, financial security, and a whole new life of opportunities.

So, as we look forward to graduation, see it as the beginning of a journey, not the end of one. Know that the tassel is worth the hassle.

# Education: Child Care in the 21<sup>st</sup> Century

By: Jennifer Mock, Child Care Instructor



All star levels must be renewed on an annual basis. Quality standards for Keystone Stars include staff and their education level, classroom equipment and activities, staff benefits, program efficiency, and program administration. One of the major hurdles for most child care centers in moving up in the star levels with Keystone Stars is the education level of their staff. A lot of child care staff are people straight out of high school with no higher education. They turn to the child care field because they think that it will be an easy job and like to work with children. In order to move up in the star levels for Keystone Stars, the staff of a child care center must become more educated. Keystone Stars say that in order for staff to provide a quality education for young children, the staff must possess a higher level of education.

When you think of the word s child care, what comes to mind: Babysitting or a high quality educational experience for young children? If you answered a high quality educational experience for young children then you are correct. The current trend in child care is to be recognized as an educational institution for children and not just babysitting. As the director of a child care center here in the city of Harrisburg I strive very hard to make sure that our children are taken care of and treated as my own, and educated. Research has proven that children learn very important skills in the first five years of their lives. That is why Early Childhood Education is so important and why child care centers are moving towards becoming educational institutions and not just being referred to as babysitters.

With more and more parents depending on child care so that they can work, the quality of child care programs is becoming increasingly important. Pennsylvania recognizes the importance of quality child care and has created the Keystone Stars Program to reward and encourage quality child care programs. Keystone Stars is a program that rates child care centers and their quality much like the star rating scale for hotels. A one star child center meets the minimum quality standards while a four star child care center meets the maximum quality standards. Each star level has its own set of standards that must be met and upheld.

This is the reason I felt compelled to become a member of the KTI staff in the Child Care Specialist program. I wanted to be able to share my knowledge (I have a bachelor's in Early Childhood Education) and experience (I have been in child care for more than 10 years), and have an outlet to find quality staff for my child care center, who is a participant in the Keystone Stars program. I also felt compelled to teach the students what they really needed to know in order to run a quality care program and not just be a "babysitters".

If you find yourself in the position where you need to find child care for your child, make sure you ask questions about the quality of the program. Ask if the center is a participant in the Keystone Stars program. Ask the administrators of the program their goals for your child are in regards to their education. Keep in mind that the first five years of a child's life are the most important in terms of the amount that they learn so choose a quality program for your child.



# Faculty Spotlight: Ms. Debra Beaver, Medical Department



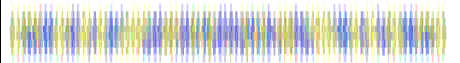
Debra Beaver may be relatively new to Keystone Technical Institute, but she is not new to the medical world.

Ms. Beaver graduated from Keystone Technical Institute when it was still known as the Academy of Medical Arts and Business. She has worked as a Medical Assistant in several different settings including Family Practice, OB/GYN, and Infectious Disease.

Ms. Beaver is not a novice to teaching, either. She has

six years experience in this area. She has chosen to teach because she loves it. She finds it rewarding to see students blossom from their first day to graduation.

Ms. Beaver's words of advice to current students and individual's considering continuing their education, "You are never too old or too young to pursue your dreams of success. Don't let anything get in the way."



## Ask the Computer Expert

By George Vujasin, Network Administrator

Dear Computer Expert,  
My computer is running slow what steps can I do to fix it?

Slowing Down in Pa

Dear Slowing Down,

A slow running computer can be very annoying. As with most issues, diagnosing the problem is the hardest part of the process. We'll start with a simple first step; reboot the machine. Sometimes a simple restart will solve quite a few problems.



If that does not solve the issue, we will next look at the two most common suspects, viruses and adware, which I've discussed in past columns. Make sure your anti-virus and anti-adware software is up to date, and perform full scans of your system. If anything is found, allow the software to clean the

system up. The next step is to clean out any old files that may be bogging the system down. A good tool for this is CCleaner, available at <http://www.ccleaner.com>. You can analyze and clean out any old files that are on the hard drive. You can also analyze and repair your registry structure with this program. It offers a user friendly interface, and the ability to back up everything before cleaning.

If the system is still running slow, then it is time to start looking at more complex problems. Quite often, the more software that is loaded on the machine, the slower the machine will take to boot up and run. It is also becoming more common for programs to automatically check for updates in the background of your operating system. Java, Acrobat Reader, Quick Time, iTunes, and the Google Toolbar are all

well know applications that check for updates. They are programmed this way to save you time, but that time savings comes with the price of system resources, namely processor time and system memory. The solution here is to open the individual programs, and find the "Preferences" settings. There will be an update option that can be turned off. Of course, in doing this, you will have to remember to periodically check for updates. One important thing to remember is to NEVER turn off automatic updates for ant-virus software.

If your PC is still running slow after taking these steps, it will be necessary to rule out any hardware problems. This can include issues with the system memory, the main processor, or the hard drive. Most hardware problems should be handled by a technician or someone who has experience in troubleshooting them.



KEEP KIDS BUSY THIS SUMMER WITH FUN TREATS AND SNACKS THEY WILL ENJOY MAKING THEMSELVES.

With the school year coming to a close and summer quickly approaching, parents are looking for ways to keep their children occupied. School breaks give kids and caregivers much-needed refueling time, with relaxed schedules and more play time. With all the free time that summer brings inspires children to invent games and toys. See what fun stuff is at their disposal. It is very important to keep children active and learning while they are at home.

Recipe For SHAKE A PUDDING  
 From \_\_\_\_\_  
 Serves \_\_\_\_\_

Ingredients:  
 1. Pour 1-cup milk and a 3-ounce package of instant pudding mix into a jar.  
 2. Put jar top on very tight.  
 3. Hold with two hands and shake.  
 4. Pour into bowls

Recipe For VEGGIE CARS  
 From \_\_\_\_\_  
 Serves 2 serving, 2 "cars"

Ingredients:  
 4 toothpicks  
 2 pieces celery, approx 4" long, w/ "channel"  
 8 round carrot slices, 3/4 -1" diameter  
 Cheese spread/peanut butter  
 Olives/raisins/carrot pieces, 1"x 1/4" approx.

Slide toothpicks crosswise through one end of the celery. Slide one carrot round on each end of car. Fill channel of celery w/cheese spread or peanut butter. Insert olives, carrot pieces or raisins in spread/pb to make people in car.

Recipe For FLAVORED MILK  
 From \_\_\_\_\_  
 Serves \_\_\_\_\_

Ingredients:  
 1 cup milk  
 1/2 banana, mashed or  
 1/2 cup orange juice, or  
 1/4 cup crushed strawberries

Help the child mix the milk with one of the ingredients, and the shake until blended.

Recipe For MAGICAL POTIONS  
 From \_\_\_\_\_  
 Serves \_\_\_\_\_

Ingredients:  
 Vanilla Ice Cream  
 1/2 cup water  
 One small package unsweetened soft drink mix.  
 1 liter of lemon lime soft drink (such as caffeine free Sprite)  
 Mix the water and sugar, Add the package of powdered mix, Add the soft drink.  
 Place one scoop of vanilla ice cream into a cup.  
 Pour in liquid ingredients.  
 cream into a cup.  
 Pour in liquid ingredients.

Recipe For PRETZEL FLOWERS  
 From \_\_\_\_\_  
 Serves \_\_\_\_\_

Ingredients:  
 2 vanilla wafers peanut butter (or frosting)  
 8 mini pretzel twists  
 2 thick pretzel sticks  
 Spread a small amount of peanut butter on top of vanilla wafers. Place four pretzel twists on each wafer, two curves outward to form a flower. Use one pretzel twist to make the stem of the flower.

Coaxing children to eat can be difficult. Many would prefer to drink chocolate milk and skip meals altogether. Other children won't eat anything green, or insist on munching hot dogs for breakfast. Stop mealtime battles by helping your child make fun craft snacks. Watch in amazement, when your children devours every bite of your snacks. Your child might even lick his/her lips and ask for seconds. Stop coaxing and have fun!

# Know anyone Looking for a career?



Refer friends and family member to Keystone Technical Institute (KTI) and you'll help them get the career they've been dreaming about!

Go Online and complete a simple form at:  
<http://www.kti.edu/contact/referafriend.lasso>



To refer a friend, just fill out the simple online form. When the friend you refer starts classes at Keystone Technical Institute, you'll get your choice of an iPod Shuffle\* or \$100 Gift Card.\*\*

An Admissions Coordinator will contact your friend

Call Admissions at 717-545-4747 to have your form sent to you directly.



\* iPod Shuffle is earned when a referred applicant starts classes at Keystone Technical Institute. Limit of one referral award per individual per calendar year. iPod Shuffle is a registered trademark of Apple Computer, Inc. All rights reserved. Other restrictions may apply, please contact the Admissions Department for details.

\*\* \$100 Gift Card is earned when a referred applicant starts at Keystone Technical Institute. Limit of one referral award per individual per calendar year. Other restrictions may apply, please contact the Admissions Department for details.

## The History of Father's Day



The United States is one of the few countries in the world that has an official day on which fathers are honored by their children. On the third Sunday in June, fathers all across the United States are given presents, treated to dinner or otherwise made to feel special.

The origin of Father's Day is not clear. Some say that it began with a church service in West Virginia in 1908. Others say the first Father's Day ceremony was held in Vancouver, Washington.

Regardless of when the first true Father's Day occurred, the strongest promoter of the holiday was Mrs. Bruce John Dodd of Spokane, Washington. She thought of the idea for Father's Day while listening to a Mother's Day sermon in 1909.

Sonora wanted a special day to honor her father, William Smart. Smart, who was a Civil

War veteran, was widowed when his wife died while giving birth to their sixth child Mr. Smart was left to raise the newborn and his other five children by himself on a rural farm in eastern Washington state.

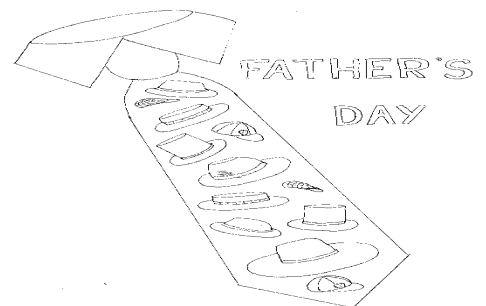
After Sonora became an adult she realized the selflessness her father had shown in raising his children as a single parent. It was her father that made all the parental sacrifices and was, in the eyes of his daughter, a courageous, selfless, and loving man. In 1909, Mrs. Dodd approached her own minister and others in Spokane about having a church service dedicated to fathers on June 5, her father's birthday. That date was too soon for her minister to prepare the service, so he spoke a few weeks later on June 19th. From then on, the state of Washington celebrated the third Sunday in June as Father's Day. Children made special desserts, or visited their fathers if they lived apart.

In early times, wearing flowers was a traditional way of celebrating Father's Day. Mrs. Dodd favored the red rose to honor a father still living, while a white flower honored a deceased dad. J.H. Berringer,

who also held Father's Day celebrations in Washington State as early as 1912, chose a white lilac as the Father's Day Flower.

States and organizations began lobbying Congress to declare an annual Father's Day. In 1916, President Woodrow Wilson approved of this idea, but it was not until 1924 when President Calvin Coolidge made it a national event to "establish more intimate relations between fathers and their children and to impress upon fathers the full measure of their obligations." Since then, fathers had been honored and recognized by their families throughout the country on the third Sunday in June.

In 1966 President Lyndon Johnson signed a presidential proclamation declaring the 3rd Sunday of June as Father's Day and put the official stamp on a celebration that was going on for almost half a century.



I've had a hard life, but my hardships are nothing against the hardships that my father went through in order to get me to where I started.

Quote By: Bartrand Hubbard

# Recipes of the Month: Marinated London Broil

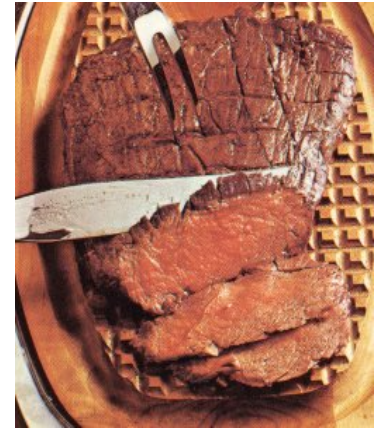
By Chef Richard Stiffler, Culinary Arts



2-3 lbs Beef Flank Steak

Marinated:

- 1/2 cup olive oil
- 1/2 cup balsamic vinegar
- 2 tablespoon fresh chopped thyme
- 6 tablespoon garlic, minced
- 1 teaspoon black pepper
- 1 teaspoon salt
- 2 tablespoon sugar
- 2 tablespoon Dijon mustard
- 1/2 cup sherry



A simple but very flavorful main course that can be served with equal ease for a sit-down or buffet dinner.

1. Combine ingredients in a large pan—add steak coal completely.
2. Marinate at least 4hrs.
3. Grill the steak only medium rare—not more or it will get tough.
4. Slice diagonally across the grain about 4” thick
5. Serve with sautéed mushrooms and onions.

## Externs and Career Placement

By Jen Sites, Career Services

*Congratulations and Best Wishes!*

The following graduates have recently started their careers:

**Brandy Long**—*Expanded Function Dental Assistant*  
W. James Vincent, D.D.S

**Amanda Farrell**—*Childcare Specialist*  
All About Kids Early Learning Center

**Dana Shaded**—*Medical Assistant Specialist*  
Richard M Magill, MD

**Alicia Garland**—*Medical Assistant Specialist*  
Seven Mt's. Medical Center

**Desiree Dalton**—*Professional Massage Therapy Specialist*  
Self Employed

**Shannon Hetrick**—*Childcare Specialist*  
Children of The Ark



The following students will start externship this Module:

<b>Jessica Bollinger</b>	<i>Culinary Art Specialist</i>
<b>Tiffany Carr</b>	<i>Culinary Art Specialist</i>
<b>Megan Maglue</b>	<i>Culinary Art Specialist</i>
<b>Kelly Ebling</b>	<i>Culinary Art Specialist</i>
<b>Nathan Henry</b>	<i>Dental Assistant Specialist</i>
<b>Stacey Swingler</b>	<i>Dental Assistant</i>
<b>Monique Supplee</b>	<i>Dental Assistant</i>
<b>Shalee Aleman</b>	<i>Medical Assistant Specialist</i>
<b>Danielle Brinser</b>	<i>Medical Assistant Specialist</i>
<b>Jennifer Henry</b>	<i>Medical Assistant Specialist</i>
<b>Mary Souders</b>	<i>Medical Assistant Specialist</i>
<b>Jessica Meyers</b>	<i>Medical Assistant</i>
<b>Rebecca Kephart</b>	<i>Medical Assistant</i>
<b>Rebecca Prescott</b>	<i>Paralegal Specialist</i>

## The History Of Flag Day

The Fourth of July was traditionally celebrated as America's birthday, but the idea of an annual day specifically celebrating the Flag is believed to have first originated in 1885. BJ Cigrand, a school teacher, arranged for the pupils in the Fredonia, Wisconsin Public School, District 6, to observe June 14 (the 108th anniversary of the official adoption of The Stars and Stripes) as 'Flag Birthday'. In numerous magazines and newspaper articles and public addresses over the following years, Cigrand continued to enthusiastically advocate the observance of June 14 as 'Flag Birthday', or 'Flag Day'.

On June 14, 1889, George Balch, a kindergarten teacher in New York City, planned appropriate ceremonies for the children of his school, and his idea of observing Flag Day was later adopted by the State Board of Education of New York. On June 14, 1891, the Betsy Ross House in Philadelphia held a Flag Day celebration, and on June 14 of the following year, the New York Society of the Sons of the Revolution, celebrated Flag Day.

Following the suggestion of Colonel J Granville Leach (at the time historian of the Pennsylvania Society of the Sons of the Revolution), the Pennsylvania Society of Colonial Dames of America on April 25, 1893 adopted a resolution requesting the mayor of Philadelphia and all others in authority and all private citizens to display the Flag on June 14th. Leach went on to recommend that thereafter the day be known as 'Flag Day', and on that day, school children be assembled for appropriate exercises, with each child being given a small Flag.

Two weeks later on May 8th, the Board of Managers of the Pennsylvania Society of Sons of the Revolution unanimously endorsed the action of the Pennsylvania

Society of Colonial Dames. As a result of the resolution, Dr. Edward Brooks, then Superintendent of Public Schools of Philadelphia, directed that Flag Day exercises be held on June 14, 1893 in Independence Square. School children were assembled, each carrying a small Flag, and patriotic songs were sung and addresses delivered.

In 1894, the governor of New York directed that on June 14 the Flag be displayed on all public buildings. With BJ Cigrand and Leroy Van Horn as the moving spirits, the Illinois organization, known as the American Flag Day Association, was organized for the purpose of promoting the holding of Flag Day exercises. On June 14th, 1894, under the auspices of this association, the first general public school children's celebration of Flag Day in Chicago was held in Douglas, Garfield, Humboldt, Lincoln, and Washington Parks, with more than 300,000 children participating.

Adults, too, participated in patriotic programs. Franklin K. Lane, Secretary of the Interior, delivered a 1914 Flag Day address in which he repeated words he said the flag had spoken to him that morning: "I am what you make me; nothing more. I swing before your eyes as a bright gleam of color, a symbol of yourself."

Inspired by these three decades of state and local celebrations, Flag Day - the anniversary of the Flag Resolution of 1777 - was officially *established* by the Proclamation of President Woodrow Wilson on May 30th, 1916. While Flag Day was celebrated in various communities for years after Wilson's proclamation, it was not until August 3rd, 1949, that President Truman signed an Act of Congress designating **June 14th** of each year as **National Flag Day**.

## The Drexel Group, Inc. ®

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**Richard Schaeffer named Executive Chef of Drexel Dining. Drexel Dining Chef Schaeffer joins Central Pennsylvania Restaurant Association Board**

**Camp Hill, PA** – The Drexel Group, Inc. has named Richard Schaeffer as Executive Chef of its Drexel Dining Division. Chef Schaeffer serves as their

dining consultant and trainer for new employees in the hospitality division. Company president, Romayne Johnson said, “We are excited to have Chef Schaeffer on our team. Over the past year he has been a great asset and is sure to be a dynamo in his new position in our hospitality division!”

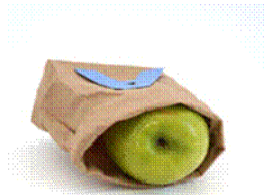
Drexel Dining has expanded to include temporary and permanent staffing of banquet servers, bartenders, prep cooks, chefs and traditional wait staff; plus housekeepers, front desk staff and parking valets. Chef Schaeffer is promoting a new service, an in-home private chef program for special personal venture for The Drexel Group. The Private Chef program offers wide variety of options for

people who like to entertain, chéfé and weekly meal preparation are part of the in-home have to cook with special dietary requirement or are simply out of time private chef program. “I am very pleased about this new occasions, wedding, anniversaries and business meetings. As well as private chef services for in-home special occasions, with the hectic schedules that we have in our lives now. The Private Chef program can meet all of those needs easily”, Schaeffer stated Additionally, Chef Schaeffer was appointed to the board of the Central Chapter of the Pennsylvania Restaurant Association. The PRA serves to promote the restaurant and food service industries in Pennsylvania. Chef Schaeffer serves on the Education, Health and Safety committee as well as the Alcohol Service committee. Representing Drexel Dining and the PRA, Chef Schaeffer attended the Pennsylvania Restaurant and Foodservice Expo in Pittsburgh where he participated in seminars on ServSafe®, food safety, and RAMP, Responsible Alcohol Management Program certifications. Chef will incorporate the information from these seminars into his employee training of employees, prior to placement.

The Drexel Group, Inc. is a locally-owned and operated full service staffing company. They specialize in placement of light industrial, clerical, professional and hospitality personnel in temporary and permanent positions. They are a member of the American Staffing Association and are a Pennsylvania Women’s Business Enterprise. Since 1994, The Drexel Group, Inc. has been serving the needs of South Central Pennsylvania with offices in Camp Hill and the Harrisburg East Shore.

## ABC Treasure Hunt

What kid can resist the siren call of treasure? Kindergarteners, especially, love hands-on games with mom and dad, and this one fits the bill. But underneath all the pirate booty and the thrill of the hunt, they’ll get solid practice in learning to recognize letters and sounds, using manipulatives: teacher code for objects they can touch. Pirates ahoy! That be learning in this here treasure hunt!



1. Get a set of 26 bags (brown paper lunch sacks work fine). Ask your child to label each bag with one letter of the alphabet.
2. Tell your would-be pirate that you’re about to embark on a treasure hunt. Together, you’ll find items to fill each of the treasure bags. But here’s the catch: you must look for objects whose names begin with the letter on each bag. (For example, A=apple, B=ball, C=car, etc.)
3. Help your child sort through her toys, search the kitchen, troll the living room. Urge her along with questions like, “What is this?” or “What sound do you hear at the beginning of the word when you say its name?” When she tells you the sound, for example “bah” for ball, ask her what letter makes that sound, then ask her to put it in the appropriate bag. If your house is short on certain letters, take your quest to the street! Walk around the neighborhood looking for plants or other objects to fill the empty letter bags.
4. All right pirates, review! Once each bag has at least one object, ask your child to reach a hand in, hold up the treasures, and say their names. You can keep the bags and review one letter each day, or better yet, ask your child to make up a story using all the items in a letter bag. Write down what he says and you’ll have an instant book, ready for homemade illustrations, and sure to be treasured on the road to reading.

## Quiz: Are you smarter than a 5th grader?

1. What is the fastest bird on foot?

- A. Flamingo
- B. Penguin
- C. Emu
- D. Ostrich
- E. Turkey

2. What planet is closest to the sun?

- A. Venus
- B. Earth
- C. Mercury
- D. Mars
- E. Jupiter

3. Which of the following is NOT one of the Great Lakes?

- A. Alberta
- B. Huron
- C. Michigan
- D. Ontario
- E. Superior

4. A heptagon is a shape with how many sides?

- A. 4
- B. 6
- C. 7
- D. 8
- E. 9

5. How long is one regular term for a U.S. Representative?

- A. 1 year
- B. 2 years
- C. 3 years
- D. 4 years
- E. 6 years

6. What is the compound word in this sentence? -- The bus driver took an alternate route to the airport.

- A. Driver
- B. Alternate
- C. Route
- D. Airport

7. Which of the following states is NOT on the Gulf of Mexico?

- A. Georgia
- B. Texas
- C. Florida
- D. Alabama
- E. Louisiana

8. What is the lowest prime number?

- A. 0
- B. 1
- C. 2
- D. 3
- E. 5

9. On what continent is the chimpanzee's natural habitat?

- A. South America
- B. Asia
- C. Africa
- D. Australia

10. What is the largest South American country by area?

- A. Argentina
- B. Brazil
- C. Chile
- D. Mexico
- E. Peru

11. Which one of the following states is NOT part of the Four Corners?

- A. New Mexico
- B. Utah
- C. Colorado
- D. Nevada
- E. Arizona

12. Who was the first person to step foot on the moon?

- A. Neil Armstrong
- B. Edwin 'Buzz' Aldrin
- C. John Glenn
- D. Sally Ride
- E. Alan Shepard

13. 'Carefully' is an example of what type of word?

- A. Adjective
- B. Noun
- C. Verb
- D. Adverb

14. What animal classification is a turtle?

- A. Amphibian
- B. Fish
- C. Reptile
- D. Mammal

15. In the northern hemisphere, in what month is the autumnal equinox?

- A. August
- B. September
- C. October
- D. November

16. Emma has 2 yard sticks. She also has a 12-inch ruler. She laid them end-to-end in a line. How many feet long is the line?

- A. 3 Feet
- B. 5 Feet
- C. 7 Feet
- D. 9 Feet
- E. 11 Feet

17. Inca civilizations were concentrated on what continent?

- A. South America
- B. Africa
- C. North America
- D. Asia
- E. Europe

18. What state is the Grand Canyon in?

- A. California
- B. Arizona
- C. North Dakota
- D. New Mexico
- E. Utah

19. Who was the first president of the United States?

- A. John Adams
- B. Abraham Lincoln
- C. Thomas Jefferson
- D. George Washington



1. D 2. C 3. A 4. C 5. B 6. D 7. A  
 8. C 9. C 10. B 11. D 12. A 13. D  
 14. C 15. B 16. C 17. A 18. B 19. D











# June

5th—**Birthday Celebration**—12pm & 7pm  
 12th—**Evening Round Table** —1pm  
 13th—**Day Round Table** —7pm  
 14th —**Flag Day**  
 15th —**Father’s Day**  
 17th—**Day Mod Ends, Book Distribution**  
 18th —**No Day Classes, Faculty In-service**  
**Night Student to Report to Class**  
 19th —**New Day Mod Begins**  
 20th — **Graduation at the Sheraton**  
 26th—**Evening Round Table** —7 pm  
 27th—**Day Round Table** —1 pm  
 30th—July 7th—**No Classes**












# July

4th—**Independence Day**  
 7th—**Classes Resume**  
 8th—**Honors Rally** —12pm & 7 pm  
 10th—**Birthday Celebration**—12pm & 7pm  
 10th—**Evening Round Table** —1 pm  
 11th—**Day Round Table** —7 pm  
 16th —**Tips & Techniques**  
 22nd—**New Evening Start**  
 23rd —**New Day Start**  
 24th—**Evening Round Table** —7pm  
 25th—**Day Round Table** —1pm  
 28th—**End of Evening Mod**  
 29th—**New Evening Mod**  
 30th—**End of Day Mod**  
 31st—**New Day Mod**

# June 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 	6	7
8	9	10	11	12 	13 	14 
15 	16	17 	18	19 	20 	21
22	23	24	25	26 	27 	28
29	30 <b>NO CLASS</b>					

# July 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 	5
6	7 <b>CLASSES RESUME</b>	8 	9	10 	11 	12
13	14	15	16 <b>Tips &amp; Techniques</b>	17	18	19
20	21	22 	23 	24 	25 	26
27	28 	29 	30 	31 