
KTI CHRONICLES

Volume 3

April 2007

The Pacific Institute: A New Training

Russell Bedell

Public Relations/High School Representative

What would you do if you had the power to affect real, positive change in your life? What if you had the power to achieve what you've always dreamed of and reach your full potential? And what if you discovered you already possess that power inside of you but just needed a guide to help you harness it?

Here at Keystone Technical Institute, we believe all of our students have that power, and we are excited to team up with the world-famous Pacific Institute to help unlock that ability.

The Pacific Institute is an international education corporation dedicated to assisting individuals and organizations "recognize their ability to choose growth, freedom, and personal excellence." Founded in 1971 by Lou and Diane Tice, the Pacific Institute began with a simple idea – if you open someone's mind to their own potential and how to achieve it, that person has a virtually unlimited capacity for growth, change, and creativity.

"This is a concept that we feel fits the KTI philosophy of total development of the individual," says David Snyder, president and owner of Keystone Technical Institute. "In addition to the teaching of specific technical occupations, KTI believes that the fostering of positive behavior and interpersonal skills truly sets our graduates apart."

Solidly grounded in scientific research in psychology and social learning theory, the Pacific Institute program draws from what is known about human behavior: your thoughts control your actions. When you try to do something that doesn't fit your self-image, your mind readjusts and puts you back into safe territory. What if you could reset that automatic pilot and literally change the way you think about yourself? You would have a much easier time transforming your life. That is what the Pacific

Continued on page 2

Education Leads to Externship; Externship Leads to Employment!

Kim Slautterback

Career Placement/Externship Coordinator

Education, Training, Externship, Employment = Careers

The above quote says it all. Two of our externs have already been offered and have accepted positions at their externship sites. Jamie Kreider a Dental Assistant Specialist will be employed by Dr. Victor Foltz DDS in Lititz, PA. Teresa Le a Dental Assistant Specialist will be employed at West Side Dental in York, PA.

Jamie and Teresa have a few more months of externship to complete and will be graduating this summer. Their hard work and dedication have paid off. They were too good for their externship site to let them go. Their careers that last a lifetime have begun. Keep up the good work! ☺

INSIDE THIS ISSUE

1	The Pacific Institute: A New Training
1	Education Leads to Externship
2	WalkAmerica
2	Student Updates
3	The Dean's Den
3	Suggestion Box
3	Students Earn Free Swedish Massage
3	A Successful Blood Drive
4	Financial Aid Corner
4	Personal Growth Seminar Series
4	Reminder
4	Student's Corner
4	The Coffee Story
5	Birthday Watch
5	Welcome Aboard
5	Chef Stiffler's Specialty
5	Culinary Arts First Dinner Buffet
6	Student Externs
6	KTI's 59 th Graduation is Rapidly Approaching
7	Honors Rally
8	Student of the Month
8	Career Placement
9	Faculty/Staff Spotlight
9	Pacific Institute Unit Focus
10	The Advisory Board: A Faculty Perspective
10	Brain Teasers
10	Calendar of Events
11	Student Photo Gallery
11	Brain Teasers: Answers

Continued from page 1

Institute is all about.

Based in Seattle, the Pacific Institute has grown from its headquarters in America with offices in other nations including Japan, Hong Kong, South Africa, and the United Kingdom. Working with more than 60% of the Fortune 500 companies, the Pacific Institute has also participated in peace efforts in Northern Ireland, South Africa, and Guatemala.

In fact, their programs are being presented in 48 countries around the world, on six continents, and have been translated into 14 languages. Keystone Technical Institute is proud to have joined this impressive group.

PACIFIC INSTITUTE BACKGROUND:

“The foundation of all human action is human thought. Our thought process forms the foundation upon which we build every facet of our lives. Therefore, it is important for each of us to understand how our minds work – how we got the habits and attitudes, the beliefs that may stand in the way of releasing our vast inner potential and leading fulfilling and purposeful lives. Our beliefs and expectations about ourselves, our families, our organizations – indeed, our world – are directly reflected in our ‘performance reality’.

Thought Patterns for a Successful Career is designed to build your understanding, with a structured process, of how your mind works, and how you can control the way you think to achieve success – in any part of your life you desire. Based on decades of research in the fields of cognitive psychology and social learning theory, the education presented here stands at the forefront, reflecting the qualities and characteristics of high-performance individuals and organizations.

Vividly presenting the concepts and education on video, Lou Tice provides revealing and productive insights into how you think and how your thoughts affect how you act. This information unlocks a toolbox of skills and applications that unleashes your potential in ways you never before thought possible. These tools and techniques can be applied immediately, to help you reach your goals easily and enjoyably. Life is propelled out of the ordinary and into an exciting adventure. By your participation in this program, you join millions upon millions of

Continued in next column

path to true success lies in their own thinking. From small business proprietors to Fortune 1000 executives; from clergy to the military; from educators to political leaders, the economically disadvantaged and prison inmates; from students to bureaucrats, athletes, healthcare professionals, and high-tech industries – all are using this information, this education, to make a positive difference in the world around them.” (The Pacific Institute, Inc, p. iii)

Reference

The Pacific Institute, Inc. *Thought patterns for a successful career* (pp. iii). Seattle, WA: The Pacific Institute, Inc.

All new students at KTI will receive Pacific Institute professional development training as part of their Professional Development course, helping them launch their KTI experience with mental skills to achieve success in their education and careers. Additionally, the entire administration, staff, and faculty of KTI have participated in the Pacific Institute programs “Investments in Excellence” and “Thought Patterns for a Successful Career.” These curricula helps KTI teach our graduates what companies are looking for in their employees – the performance skills that complement the solid technical education that KTI provides. By preparing our graduates to recognize and take hold of the opportunities around them, Keystone Technical Institute is showing our dedication to being a place where students are first. ☺

WalkAmerica

Karen Altland
Head of Medical Department

The March of Dimes is holding their WalkAmerica on Sunday, April 29, 2007. To participate in this event, you must sign up and then raise as much money as you can prior to the walk day. If you are unable to participate in the walk but would like to support the March of Dimes, we will also be selling the duckies.

See Mrs. Altland for additional information on either event!

Student Updates

Nicoline Valentin (Medical Assistant Specialist) had a baby girl on April 2, 2007. She weighed 7 lbs, 15 oz and arrived at 7:07 AM. Her name is Ronaya. ☺

The Dean's Den: You Asked for it – KTI Made it Happen!



Eric Slater
Dean of Education

During our recent accrediting visit over 68% of you asked for a better library. Not only did we get you a better library, we gave you one that you can access 24/7 at school, at home, or anywhere you have internet access. The information contained on our new LIRN virtual library is updated regularly, and contains the same text, periodicals, and articles used by colleges and universities all over the United States. There are also videos and audios, graphics, as well as, charts and other visual aids.

The search engines, which include Gale/Info Trac, ProQuest, eLibrary, EBSCO host and Bowker Books in Print, contain everything you need to make your projects, reports, presentations, and manuals the best they can be. You can use this tool as a study guide, or just to help you brush up on terms or concepts. Everything from medical and dental terms and procedures, massage techniques, menu planning, legal documents, or childcare, are now available to you.

It makes learning fun and can even be used to make your children's learning more fun too. Just think a library you can take home, without the hassle of checking books and periodicals in and out. No late fees or membership cards to use. Just type in your access code and a whole new world of knowledge is at your fingertips. So, just click on the web site and start making your academic future the best it can be. ☺

Suggestion Box

David W Snyder
President

I have established a new way to have your voice heard. It is through our suggestion box. The suggestion box is located at the end of the lunch counter closest to the vending machines. It is checked on a regular basis. Some of the suggestions to date have included fixing the parking lot, putting picnic tables outside, and putting a calendar on the bulletin board. One of these has been done, just check out the bulletin board. Thank you for all your suggestions. ☺

Students Earn Free Swedish Massage

Jennifer L Barmore
Director of Student Services

Yet again we had snow. On March 7, 2007 we had another group of students brave the snow and were recognized by Mr. Snyder with a free one hour Swedish massage. Mr. Snyder, along with all the staff and faculty would like to applaud them for their dedication to their education.



*Amanda Benko
Melissa Hall
Kenni Dixon
Betsy Lucas
Alicia Garland
Thalia Baker-Jones
Lauren Prickett
Monica Iino
Caprice Sanyers
Desiree Dalton
Phyllis Maurer
Jodi Tober
Brandie Ross
Rodina Roberts
Erin Quigley
Diane Le
Shakiyla Colden
Jenna Pisanek
Phylcia Klase
Megan Wilson
Kevin Simmons
Richard Schaeffer
Anjum Abdullah
Kristi Potteiger*

*Antoine Werts
Trisha Hall
Cheryl Frederick
Amber Whittle
Katie-Jo Dye
Enesa Iriskic
Jason Blymire
Fany Bello
Jerry Burris
Brandi Null
Ashton Forrester
Kelly Sloan
Matthew Hilker
Monique Miller
Valerie Murray
Lori Knipple
Kathleen Nickel
Kevin Abbott
Sandra Lanwer
Kiondra Burnett
Noor Rabman
Daniel Yocum
Patina Bell
Jayme Rhodes*

Again, thank you for your persistence and dedication. It does not go unrecognized. ☺

A Successful Blood Drive

Karen Altland
Head of Medical Department

The blood drive was a success, as always, due to the help and participation of our students. On March 26, 2007 we received 20 pints of blood. Thank you to everyone who donated blood, brought in food for the donators, and helped walk everyone in. Keep an eye out for future blood drives. ☺

Financial Aid Corner

Tracy Stewart

Financial Aid Administrator

Just a couple of items from financial aid to keep your eyes open for.

First – Deadlines for the State Grant is approaching fast! If you have not provided the Financial Aid office with your 2006 income information, please see Tracy Stewart, AS SOON AS POSSIBLE!

Second – Watch for upcoming scholarship postings on the student bulletin board.

Last – REMEMBER, if your address or phone number changes please make sure to let us know, Jennifer Barmore has forms.

FASFA Deadline Date is April 25, 2007. If you miss this date you will lose State Grant eligibility.

☹



Personal Growth Seminar Series

Jennifer L Barmore

Director of Student Services

KTI is implementing something new for the students, called the Personal Growth Seminar Series. They are free seminars for the students, being held after school. We kicked it off with Wachovia Bank's presentation by Lauren Hetrick. We are looking for suggestions for the future seminars. If you have suggestions of topics that would benefit you, please write them down and place them in the suggestion box. Remember the series is free of charge and will cover information that is practical and usable. ☹

REMINDER:

Please submit articles and stories for publication to Jennifer Barmore, Director of Student Services.

Student's Corner: Articles by KTI Students Beyond the Hands

Rebecca Snavelly

Professional Massage Therapy Specialist-Day Student

Our elders hold within themselves the wisdom gained from hundreds of transitions and life endeavors. They hold the pain of unshed tears and the memories of tears fallen. They witnessed each passing decade. They witnessed, and perhaps fell victim to horrors we only read in history books. Conversely, they witnessed and felt the exhilaration of grand discoveries and triumphs we take for granted.

It is no wonder that this 82 year old man arrives on my massage table, with knee joints that don't bend and holding fluid in his legs! Everything manifest in the physical. We give our elders no avenue to pass on that which life has poured into them. They are full to capacity. Gone are the days when our children grew, enriched by the elders stories.

Perhaps the best things I can do with this client on my table are to listen to him and to encourage the movement of the fluid from his feet and ankles. More often than not, enhancing well being and client health rests in our ears and hearts, not just our hands. ☹

The Coffee Story

David W Snyder

President

As some of you are aware the lack of coffee has been an issue since the café closed. I have explored several options and have decided to initiate the honesty system.

An honesty box has been installed just above the coffee machine. The established price for a cup of coffee is 50¢ and if you provide your own cup/mug this will be 75¢ or \$1.00 for large mugs.

We will only be providing regular coffee. Along with the honesty system comes coffee management, if you take the last full cup please make the next pot, do not over make coffee so we can keep the waste to a minimum. We will continue this as long as we all participate in an honest and appropriate manner.

Thank you all for your cooperation and more specifically **thank you to the student that made this suggestion.**

☹

BIRTHDAY WATCH

March Birthdays:

<i>Dawn Zimmerman</i>	<i>March 2</i>
<i>Brandie Ross</i>	<i>March 6</i>
<i>Jayme Rhodes</i>	<i>March 7</i>
<i>Kristalyn Rudy</i>	<i>March 15</i>
<i>Kristin Stephens</i>	<i>March 17</i>
<i>Erin Quigley</i>	<i>March 19</i>
<i>Heather Ordaz</i>	<i>March 21</i>
<i>Amanda Fernandez</i>	<i>March 22</i>
<i>Jason Blymire</i>	<i>March 23</i>
<i>Ana Melendez</i>	<i>March 26</i>
<i>Amanda Miller</i>	<i>March 29</i>
<i>Shannon Lyons</i>	<i>March 31</i>

April Birthdays:

<i>Raven Palmer</i>	<i>April 1</i>
<i>Aubree Haman</i>	<i>April 3</i>
<i>Kimberly Shapiro</i>	<i>April 3</i>
<i>James Barber</i>	<i>April 4</i>
<i>Kathleen Nickel</i>	<i>April 4</i>
<i>Jerry Burris</i>	<i>April 6</i>
<i>Lindsay Cupp</i>	<i>April 6</i>
<i>Kelly Sloan</i>	<i>April 6</i>
<i>Anjum Abdullab</i>	<i>April 8</i>
<i>Holly Bair</i>	<i>April 8</i>
<i>Jennifer Seesholtz</i>	<i>April 9</i>
<i>Rodina Roberts</i>	<i>April 12</i>
<i>Melissa Sheaffer</i>	<i>April 15</i>
<i>Yabaida Santiago</i>	<i>April 27</i>
<i>Melissa Hall</i>	<i>April 28</i>
<i>Trisha Hall</i>	<i>April 28</i>
<i>Paola Huber</i>	<i>April 29</i>

Welcome Aboard

Jennifer L Barmore
Director of Student Services

New faculty members have recently joined the team, that supports the “students first” attitude. Please give a warm welcome:

Vanessa Koppenheffer	Medical Instructor
George Vujasin, Jr.	IT Administrator
Roxanna Young	Paralegal Instructor

Welcome to KTI! ☺

Chef Stiffler’s Specialty:



Banana Bread Supreme (yield 2 – 2 lb loafs)

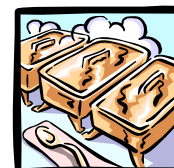
Cream 1 cup butter or butter flavored shortening, 1 ½ cup sugar, ½ cup brown sugar, & 2 tablespoons honey or corn syrup. Slowly add 5 slightly beaten eggs until well mixed (here you may use ¼ cup sour cream for 1 egg if desired for the flavor and moisture). Blend in 2 teaspoons salt & 3 tablespoons rum. Add 7 well ripened, well mashed medium bananas (mixed with 2 tablespoons lemon juice). Add 5 cup all purpose flour mixed with 3 tablespoon baking powder. Mix until blended. Fold in 1 cup finely chopped walnuts. Place equal amounts of batter into each of the 2 large bread loaf pans that have been greased and floured. Sprinkle with a mixture of crushed walnuts, brown sugar & coconut. Bake in moderate oven 325-350 degrees, approximately 1 ¼ hours or until done. Cool for 10-15 minutes. Remove from pan to a cooling rack. Drizzle with powdered sugar blended with vanilla or rum.

Cool, slice, enjoy! ☺

Culinary Arts First Dinner Buffet

Jennifer Barmore
Director of Students Services

The evening Culinary Arts students had their time to shine when they held their first dinner buffet on Thursday, March 1, 2007. The menu consisted of Brushetta, Mini Meatballs, Zuppa du Jour, Ambrosia Salad, Garden Salad, Baked Zucchini, Garlic Sticks, Lasagna, Crab Manicotti, Chicken Alfredo, Spaghetti (Marinara/Pesto), Tiramisu, and Canoli. The students included James Barber, Kelly Ebling, Christine Lucas, Jennifer Masood, Charles Miller, Tenille Morrissey, and Joan Ristenbatt. These students were completely responsible for preparing and serving the food. The event was offered to all students, faculty and staff in the building at 7:00 PM and was prepay only. We also allowed each person to bring a guest. The presentation of the food was excellent, as was the service provided by the students. Not to mention everything tasted delicious. The evening went extremely well and everyone appeared to enjoy themselves. Keep your eyes open for future dinner buffets presented by the Culinary Arts students. ☺



Student Externs

Kim Slautterback

Career Placement/Internship Coordinator

As the students visualized their potential to reach and achieve a goal, they have entered the next phase – externship. Below is a list of those students who recently began externship:

Rebecca Andree-Medical Assistant Specialist

- Urology of Central PA

Danna Bard-Medical Assistant Specialist

- Lebanon Ob-Gyn Associates, P.C.

Jaime Beck-Professional Massage Therapy Specialist

- KTI Student Massage Clinic

Alyson Behney-Child Care Specialist

- All About Kids Early Learning Center, Inc.

Kenni Dixon-Professional Massage Therapy Specialist

- KTI Student Massage Clinic

Amanda Fernandez-Medical Assistant Specialist

- Dr. Henry Train, M.D.

Trisha Hall-Professional Massage Therapy Specialist

- KTI Student Massage Clinic

Anita Heckert-Professional Massage Therapy Specialist

- KTI Student Massage Clinic

Jamie Kreider-Dental Assistant Specialist

- Dr. Victor Foltz

Teresa Le-Dental Assistant Specialist

- West Side Dental

Shannon Lyons-Culinary Arts Specialist

- Wyndham Garden Hotel

Phyllis Maurer-Medical Assistant

- Dr. Francis X Brescia

Katie McCully-Professional Massage Therapy Specialist

- KTI Student Massage Clinic

Christa McFarlane-Medical Assistant Specialist

- Family Internal Medicine

Tenille Morrissey-Culinary Arts Specialist

- Country Oven

Monica Perez-Medical Assistant

- Pinnacle Health/Harrisburg Hospital

Kim Robinson-Medical Office Management

- Cummings & Associates, P.C.

Rebecca Snavely-Professional Massage Therapy Specialist

- KTI Student Massage Clinic

Barbara Sullivan-Medical Secretary

- Global Healthcare ☺

KTI's 59th Graduation is Rapidly Approaching

Jennifer L Barmore

Director of Student Services

As another mod ends and another group of students go out on externship, it makes us think of the upcoming graduation. The approaching ceremony will once again be held at the Four Points Sheraton. It will be on Friday, June 29, 2007 at 6:00 PM. We look forward to selecting the Valedictorian and Salutatorian, and hearing the wonderful speeches they will present. As the last ceremony had its surprise with the first ever Presidential Award being presented to Betsy Wirfel, this year we will know it is coming. We just won't know who earns it until that evening.

Here is a sneak preview into who will be graduating at the June 29th ceremony.

Shannon Lyons

Jamie Kreider

Donna Bard

Phyllis Maurer

Amber Whittle

Kim Robinson

Jaime Beck

Trisha Hall

Katie McCully

Rebecca Snavely

Tibiese Ranson

Tim Zidik

Lena Donaldson

Evelyn Melius

Amber Pierce

Shelly Spotts

Amy Warfel

Selina Zeiders

Alyson Behney

Teresa Le

Christa McFarlane

Jennifer Seesholtz

Lindsay Cupp

Melinda Barrick

Kenni Dixon

Anita Heckert

Jodi Noss

Anquinette Jackson

Stephanie Sterner

Monica Croll

Amanda Gomez

Kayla Null

Gitee Sharifi

Tonya Thornton-Karper

Cara Wheeler

Hana Zukanovic

We look forward to seeing you receive your diplomas and degrees. For those of you thinking I'm finishing shortly after June 29th and wondering when you will graduate, here is the answer. The next ceremony will be December 14, 2007. There will be more to come in the future about that ceremony. ☺

Honors Rally

DAY HONORS RALLY-APRIL 3, 2007

Many students put forth hard work and effort to do well and we take the time to honor those students each mod during our honors rally. Listed you will find the recipients of the past rallies.

DAY HONORS RALLY-FEBRUARY 27, 2007

Distinguished Honors – 4.0 GPA with 90% attendance

<i>Rebecca Andree</i>	<i>Trisha Beers</i>
<i>Amanda Benko</i>	<i>Cindy Bosak</i>
<i>Anita Heckert</i>	<i>Monica Iino</i>
<i>Joni Knerr</i>	<i>Rita Krakowski</i>
<i>Jamie Kreider</i>	<i>Phyllis Maurer</i>
<i>Wendy McCready</i>	<i>Amanda Miller</i>
<i>Kathleen Nickel</i>	<i>Christopher Olian</i>
<i>Wendy Pierce</i>	<i>Brandie Ross</i>
<i>Richard Schaeffer</i>	<i>Melissa Sheaffer</i>
<i>Kristin Stephens</i>	<i>James Whitley, Jr.</i>
<i>Daniel Yocum</i>	<i>Roxy Yocum</i>

Honors – 3.5-3.99 GPA with 90% attendance

<i>Ashley Blyskal</i>	<i>Rachael Dubbs</i>
<i>Kendra Eckman</i>	<i>Lori Knipple</i>
<i>Karla Peffer</i>	<i>Kelly Sloan</i>

Perfect Attendance – 100% attendance

<i>Melinda Barrick</i>	<i>Trisha Beers</i>
<i>Phylcia Klase</i>	<i>Rita Krakowski</i>
<i>Shannon Lyons</i>	<i>Kathleen Nickel</i>
<i>Christopher Olian</i>	<i>Jodi Tober</i>
<i>James Whitley, Jr.</i>	

Outstanding Attendance – 90-99% attendance

<i>Rebecca Andree</i>	<i>Amanda Benko</i>
<i>Ashley Blyskal</i>	<i>Cindy Bosak</i>
<i>Jerry Burris</i>	<i>Rachael Dubbs</i>
<i>Kendra Eckman</i>	<i>Ashton Forrester</i>
<i>Anita Heckert</i>	<i>Monica Iino</i>
<i>Joni Knerr</i>	<i>Lori Knipple</i>
<i>Jamie Kreider</i>	<i>Teresa Le</i>
<i>Phyllis Maurer</i>	<i>Wendy McCready</i>
<i>Amanda Miller</i>	<i>Brandi Null</i>
<i>Karla Peffer</i>	<i>Wendy Pierce</i>
<i>Kristi Potteiger</i>	<i>Rodina Roberts</i>
<i>Brandie Ross</i>	<i>Richard Schaeffer</i>
<i>Melissa Sheaffer</i>	<i>Kelly Sloan</i>
<i>Kristin Stephens</i>	<i>Nicoline Valentini</i>
<i>Alexandra Weller</i>	<i>Patricia Whistler</i>
<i>Amber Whittle</i>	<i>Megan Wilson</i>
<i>Daniel Yocum</i>	<i>Roxy Yocum</i>

Distinguished Honors – 4.0 GPA with 90% attendance

<i>Trisha Beers</i>	<i>Fany Bello</i>
<i>Jason Blymire</i>	<i>Ashley Blyskal</i>
<i>Cindy Bosak</i>	<i>Desiree Dalton</i>
<i>Coralee Fitzkee</i>	<i>Trisha Hall</i>
<i>Monica Iino</i>	<i>Lori Knipple</i>
<i>Sandra Lauwer</i>	<i>Diane Le</i>
<i>Monique Miller</i>	<i>Kathleen Nickel</i>
<i>Christopher Olian</i>	<i>Karla Peffer</i>
<i>Jenna Pisaneck</i>	<i>Erin Quigley</i>
<i>Brandie Ross</i>	<i>Richard Schaeffer</i>
<i>Jodi Tober</i>	

Honors – 3.5-3.99 GPA with 90% attendance

<i>Ashton Forrester</i>	<i>Phyllis Maurer</i>
<i>Valerie Murray</i>	<i>Brandi Null</i>
<i>Noor Rahman</i>	<i>Rodina Roberts</i>
<i>Rebecca Shank</i>	<i>Kelly Sloan</i>
<i>Daniel Yocum</i>	

Perfect Attendance – 100% attendance

<i>Alicia Garland</i>	<i>Monica Iino</i>
<i>Monique Miller</i>	<i>Kathleen Nickel</i>
<i>Jenna Pisaneck</i>	<i>Lauren Prickett</i>
<i>Jodi Tober</i>	

Outstanding Attendance – 90-99% attendance

<i>Trisha Beers</i>	<i>Fany Bello</i>
<i>Jason Blymire</i>	<i>Ashley Blyskal</i>
<i>Cindy Bosak</i>	<i>Kiondra Burnett</i>
<i>Jerry Burris</i>	<i>Desiree Dalton</i>
<i>Katie-Jo Dye</i>	<i>Amanda Fernandez</i>
<i>Coralee Fitzkee</i>	<i>Ashton Forrester</i>
<i>Cheryl Frederick</i>	<i>Trisha Hall</i>
<i>Matthew Hilker</i>	<i>Enesa Iriskic</i>
<i>Phylcia Klase</i>	<i>Lori Knipple</i>
<i>Sandra Lauwer</i>	<i>Diane Le</i>
<i>Betsy Lucas</i>	<i>Phyllis Maurer</i>
<i>Valerie Murray</i>	<i>Brandi Null</i>
<i>Christopher Olian</i>	<i>Karla Peffer</i>
<i>Erin Quigley</i>	<i>Noor Rahman</i>
<i>Rodina Roberts</i>	<i>Brandie Ross</i>
<i>Richard Schaeffer</i>	<i>Rebecca Shank</i>
<i>Kevin Simmons</i>	<i>Kelly Sloan</i>
<i>Patricia Whistler</i>	<i>Amber Whittle</i>
<i>Megan Wilson</i>	<i>Daniel Yocum</i>

Thank you for your hard work! ☺

Student of the Month

Jennifer L. Barmore
Director of Student Services

As you have all hopefully seen the student of the month is in full swing. The sign is up marking the parking spot, and those students elected student of the month having been taking full advantage of it. The pictures have been hanging on the beautiful plaque in the student activity center, along with the names being engraved on the name plates. Once again it only takes one criteria to become student of the month and that is a nomination from any faculty or staff member in this building. So, congratulate the newest additions to our plaque, and continue shining in the eyes of those who nominate you.

March Student of the Month:

Tenille Morrissey



Tenille Morrissey is an evening student in the Culinary Arts Specialist program. She has just completed her last mod on April 9, 2007 and is ready to begin her externship. She will be working at Country Oven. Tenille has earned Distinguished Honors and Outstanding Attendance in the past. Tenille is a graduate of Cedar Crest High School in Lebanon, PA. She chose culinary arts due to her family business and her grandfather. She enjoys sports and hanging out with her friends. She said, "Since I have started my internship I've been extremely busy, I don't even have time to turn on the TV."

April Student of the Month:

Patricia Whistler



Patricia Whistler is a day student in the Medical Assistant Specialist program. She is in her second year. She has about three mods until she goes out on her externship. Patty has earned Outstanding Attendance in the past.

Congratulations to Tenille & Patty! ☺

Career Placement

Kim Slautterback
Career Placement/Internship Coordinator

Keystone Technical Institute has developed many successful employees. Our graduates have established jobs throughout the community. The list below will show you the many places our graduates are at.

- Lauren Barbera* – Dental Assistant Specialist at Kerns & Ashby DDS, PC
- Kandi Baer* – Medical Assistant Specialist at Dr. Richard MaGill, MD
- Meagan Barry* – Medical Office Management at Central PA Rehabilitation Services, Inc.
- Claudia Chaves* – Dental Assistant Specialist at Dr. Charles Stoup, Jr. DDS
- Karen Eichelberger* – Medical Assistant Specialist at Dr. Richard MaGill, MD
- Brandy Fultz* – Medical Assistant Specialist at Duncannon Family Health Center
- Allyson Hefferon* – Medical Assistant at Morganstein Rehabilitation Associates LLC
- Michele Hickman* – Medical Office Management at Weber Ob/Gyn Associates
- Stephanie Jewell* – Dental Assistant Specialist at Halifax Center for Holistic Cosmetic Dentistry
- Jennifer Miller* – Massage Therapist at Past Tense Therapeutic Alternative
- Natalie Miller* – Massage Therapist at Universal Athletic Club
- Angela Mitchell* – Paralegal Specialist at YWCA
- Brycia Pakosky* – Dental Assistant Specialist at Locust Lane Dental Group
- LaKisha Pate* – Medical Assistant at Pinnacle Health
- Georgianna Quayle* – Paralegal at James, Smith, Dietterick & Connelly, LLP
- Hilda Seewald* – Culinary Arts Specialist at Bagel Lovers, Inc
- Jodi Stoltz* – Medical Assistant at Good Samaritan Hospital
- Rebecca Stumbaugh* – Paralegal at Capozzi & Associates, P.C.
- Joseph Walton* – Culinary Arts Specialist at The Bread of Life Restaurant
- Sharon Yost* – Culinary Arts Specialist at Wyndham Garden Hotel
- Natalie Zeiders* – Dental Assistant Specialist at Fetterhoff Dental Medicine ☺

Faculty/Staff Spotlight: A (Not So) Secret Life

Regina Daskus
Paralegal Instructor

The newspapers, television and movies are all filled with stories about people with secret lives. The comic strips have made a fortune telling us about the adventures of mild mannered Clark Kent and millionaire Bruce Wayne when they don their masks and become crime-fighting superheroes.

The one thing all these people with secret lives have in common is that when they are exposed, all their friends are shocked – no one can believe that quiet individual actually had something exciting going on in his or her life. Here at Keystone Technical Institute we have one of those unobtrusive, quiet individuals who indulge in a secret passion. How many of you know that our own Bursar, Dennis Fields, is an accomplished amateur actor? Recently he played the innkeeper who turned away Mary and Joseph in his church's Christmas play. He also has a list of other acting credits and plans on continuing his extracurricular acting activities.

Mr. Fields enjoys becoming someone he is not. He says it's fun, interesting, and for a good cause. Also, it's a chance to socialize with friends and meet interesting new people.

We all picture people who work with numbers as somewhat boring and somewhat straight-laced. It's nice to know that at least one "money man" is secretly pretty exciting. ☺



Pacific Institute Unit One Focus: Success Isn't a Secret Anymore

Regina Daskus
Paralegal Instructor

For \$23.99 you can own one of the hottest books of the year – *The Secret*. Oprah hails it as the true secret of success. It has spawned a movie, DVD, web site, newsletter and a number of specialty products designed to assist you in “fulfilling the principles of *The Secret* in your life”. By using the principles of *The Secret*, you are guaranteed a life of happiness, health, and total abundance and freedom, every day. You can get the teaching videos which are supposedly the fastest way to learn the techniques revealed in *The Secret*, for a mere \$34.99. This is a really great deal given the fact that it is going to make you rich, popular, thin, and gorgeous, right?

Well, I've got a bigger secret. As part of your education here at Keystone Technical Institute, you will be given the opportunity to learn all these techniques for free in Pacific Institute Training. This training takes the form of modules with videos that your instructors will facilitate for you throughout your program of study. Module one begins with the most basic principle – we can begin getting ready for the future in our imagination.

We all have comfort zones – routines that we expect and places where we feel safe. The problem with comfort zones, however, is that if we don't stretch them, we can get stuck and never go any further. We need to make our future more familiar and safe to avoid anxiety and avoid telling ourselves that we can't do something. We need to prevent our subconscious from stopping us from achieving our potential. We all need to grow bigger than what we come from. The first step in this process is to recognize how tough we are and how good we are. It's okay to be afraid. It's not okay to stay afraid.

As the Modules progress, you will get the tools you need to realize your goals. You will also have faculty and staff facilitating your understanding and use of these principles. Living a life of happiness, health, and total abundance and freedom – priceless. Total cost for the information to achieve it –free! ☺

The Advisory Board: A Faculty Perspective

Chris Blayer
Dental Instructor

Twice a year each department head at the school meets with a group of professionals from their field. The meetings are aimed at discussing and, if necessary, rectifying the curriculum and texts used in the school. Their input assists each of us, and the schools administration, in making decisions as to what is and is not a necessary part of your education. I met with two dentists from the area; most of our time was spent discussing the need for “soft skills.” No matter how skilled you are in your chosen career, you will be unsuccessful if you are late, absent, not professionally attired, or you communicate in an unprofessional manner. These are soft skills. For example, can you converse with a patient and fellow professional? Are you reliable? Do you play well with others? The doctors I have spoken to, and worked with, place great emphasis on these qualities.

We spent some time discussing the curriculum and books used within the class and they both felt that the materials taught are more than adequate to meet the needs of the students, and they should be well prepared academically to begin externship, and complete any accreditation requirements needed for the field.

I also received a great deal of input from the doctors on the latest equipment and techniques used in today’s dental offices. It was a great opportunity for me to pick their brains. The need for interactions between the school and the professions we serve helps build a bridge between academia and the real world that you will be entering. I find these meetings to be an asset, and the feed back I receive from the doctors a great help in making decisions regarding your educational needs. ☹

Brain Teasers

Here are some brain teasers to get you thinking. See if you can solve them, if not the answers are located at the end.

- 1) What is the easiest way to throw a ball, have it stop, and completely reverse direction after traveling a short distance?
- 2) What belongs to you, but others use it more than you? ☹



CALENDAR OF EVENTS

APRIL

- ✓ Day Honors Rally – April 3, 2007 @ 10:15 AM
- ✓ Evening Orientation – April 4, 2007 @ 6:00 to 8:00 PM
- ✓ Evening Professional Development – April 5, 9, & 10, 2007 @ 6:00 to 10:00 PM
- ✓ Evening Book Distribution – April 5, 2007
- ✓ Evening Mod Ends – April 5, 2007
- ✓ Evening Mod Starts – April 11, 2007
- ✓ Financial Aid meeting – April 17, 2007 @ 11:30 AM
- ✓ Birthday Celebration – April 17, 2007 @ 12:00 Noon & 7:00 PM
- ✓ Externship meeting – April 18, 2007 @ 11:30 AM
- ✓ Evening Honors Rally – April 19, 2007 @ 6:30 PM
- ✓ Day Orientation – April 30, 2007 @ 10:00 AM to 12:30 PM

MAY

- ✓ Day Professional Development – May 1 & 2, 2007 @ 8:30 AM to 3:00 PM
- ✓ Day Book Distribution – May 2, 2007
- ✓ Day Mod Ends – May 2, 2007
- ✓ Day Mod Starts – May 4, 2007
- ✓ Birthday Celebration – May 8, 2007 @ 12:00 Noon & 7:00 PM
- ✓ Financial Aid meeting – May 15, 2007 @ 11:30 AM
- ✓ Day Honors Rally – May 16, 2007 @ 10:15 AM
- ✓ Externship meeting – May 16, 2007 @ 11:30 AM
- ✓ Financial Aid meeting – May 22, 2007 @ 6:00 PM
- ✓ Externship meeting – May 23, 2007 @ 6:00 PM
- ✓ School Closed, Memorial Day – May 28, 2007

JUNE

- ✓ Birthday Celebration – June 5, 2007 @ 12:00 Noon & 7:00 PM
- ✓ Day Book Distribution – June 7, 2007
- ✓ Day Mod Ends – June 7, 2007
- ✓ Evening Orientation – June 7, 2007 @ 6:00 to 8:00 PM
- ✓ Day Mod Starts – June 8, 2007
- ✓ Evening Professional Development – June 11, 12, & 13, 2007 @ 6:00 to 10:00 PM
- ✓ Evening Book Distribution – June 13, 2007
- ✓ Evening Mod Ends – June 13, 2007
- ✓ Evening Mod Starts – June 14, 2007
- ✓ Day Honors Rally – June 21, 2007 @ 10:15 AM
- ✓ Financial Aid meeting – June 26, 2007 @ 11:30 AM
- ✓ Externship meeting – June 27, 2007 @ 11:30 AM
- ✓ Evening Honors Rally – June 28, 2007 @ 6:30 PM

July summer break: July 2-6, 2007!

This calendar of events is subject to change!

STUDENT PHOTO GALLERY



The Culinary Arts Dinner Buffet



Joan Ristenbatt, Christine Lucas, James Barber, Charles Miller (from left to right) waiting for the guests.



James Barber serving the guest as the wait in line. Tenille Morrissey (end of tables) helping the guest.



Jennifer Masood preparing plates.



A wonderful plate presentation to go along with the delicious.

Brain Teasers: Solutions

- 1) Throw the ball straight up
- 2) Your name